

PE Yearly Overview – subject to change.

Log on to My PE Passport for most up to date Yearly plan.

| | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|-----------|-------------------------------|---|--|--|--|-----------------------------------|
| Nursery | Dance - Nursery Rhymes | Gymnastics - Parts High & Parts Low | Gymnastics - Travelling, Stopping, and Making Shapes | Yoga | Locomotion 1 | Target Games 1 |
| | Stability 1 | Locomotion 1 | Fine Motor skills | Dance - Seasons | Dance - Toys | Create your own unit |
| Reception | Dance - Jungle | Gym - Rocking & Rolling | Gymnastics - Flight - Bouncing, Jumping & Landing | Stability 2 (static and dynamic balance) | Object manipulation 1 | Striking & Fielding Game Skills 1 |
| | Fundamental Movement Skills 1 | Net & Wall Game Skills 1 | Locomotion 1 | Locomotion 2 | Athletics 1 | Dance - Circus |
| Year One | Dance - Animals | Gymnastics - Balancing & spinning on Points & Patches | Gymnastics - Pathways - small & long | Gymnastics - Wide, narrow & curled rolling & balancing | Dance - Pirates | Athletics 2 |
| | Invasion Game Skills 1 | Invasion Game Skills 2 | Yoga Storybook | Fundamental Movement Skills 2 | Striking & Fielding Game Skills 1 | Striking & Fielding Game Skills 2 |
| Year Two | Dance - Under the Sea | Gymnastics - Pathways: straight, zipzag & curving | Gymnastics - Spinning, turning & twisting | Target Games 3 | Tri Golf | Athletics 2 |
| | Fundamental Movement Skills 3 | Net & Wall Game Skills 2 | Yoga | Invasion Game Skills 2 | Gymnastics - Stretching, curling & arching | Create your own unit |

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| Year Three | Dance - Dance Around the World | Gymnastics - Linking movements together | Gymnastics - Receiving body weight | Gymnastics - Symmetry & asymmetry (partners) | Cricket | Athletics |
| | Tag Rugby | Handball | Health Related Fitness | Yoga | Tag Rugby | OAA |
| Year Four | Dance - Space | Gymnastics - Arching and bridges | Gymnastics - Partner work - Pushing and pulling | Gymnastics - Rolling & travelling low | Cricket | Athletics |
| | Football | Tennis | Dodgeball | Yoga | Tag Rugby | OAA |
| Year Five | Dance - The Haka | Gymnastics - Matching, mirroring & contrast | Gymnastics - Partner work - under and over | Gymnastics - Synchronisation & canon | Athletics | Cricket |
| | Swimming | Swimming | Swimming | Swimming | Swimming | Swimming |
| Year Six | Dance - Dance through the ages | Gymnastics - Counter-balance & counter tension | Gymnastics - Flight | Leadership | Dodgeball | Cricket |
| | Hockey | Basketball | Health Related Fitness | Ultimate Frisbee | OAA | Athletics |