



Parenting When Separated Feedback

Feedback from parents who have attended the course

Parents have commented on how well their and their children's lives have change for the better, they have been able to communicate better with their ex-partners which for one family has been significant - one mum spending £21 per six minutes using a solicitor!

After attending the course, mum has met with dad and arranged a better way of communicating and realising both parents could be spending the money on the children instead of legal fees.

“ *One parent said,*

'I've learnt no matter what to not show any animosity in front of my daughters, as they can sense it. So now at handover I 'smile and wave' at my ex-partner so the girls see that everything is ok between mam and dad, which is a big difference from before.

“ *Another parent said,*

my daughter has more understanding and awareness of mine and her mams communication and that I am trying to do something to communicate better with mam to benefit her.

Separated or divorced from your partner?

Don't let your separation cause issues for your children

'A practical and positive course for parents who are preparing for, going through or have gone through a separation or divorce. To support both you and your children.'

Our FREE Parenting When Separated 6 week course gives you all the information you need.

The course runs for 6 weeks, and each session is for 2 hours.

We have groups running across County Durham both face to face and online.

To find out more contact Laura-Jayne on 07917 474 856 or email PWS@durham.gov.uk



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