



Parenting Together

New 2.5 hour friendly and informal workshop

Helping parents and/or friends and family who help bring up your child:

- Think about how you deal with disagreements in relationships
- Manage family stress and improve communication
- Enjoy parenting together

To find out more or to book your place call/text/whatsapp 07917474856 or email EPEC@durham.gov.uk

Online and face-to-face courses running monthly