WEEK 1





Montalbo Primary School

Monday Tuesday **Friday** Wednesday **Thursday**

Hot Main Dish

Alternative Dish

> **Third** Choice

Deli Choice

Salads

Vegetables

Desserts

Meatballs Mashed Potato Gravy	All Day Breakfast with Bacon Potato Wedges	Roast Chicken Yorkshire Puddings Roast Potatoes Gravy	Mince and Dumplings New Potatoes	Chicken Goujons with Potato Wedges
Cheese Wrap ** Vegetable Sticks	All Day Breakfast with Veggie Sausage Potato Wedges	Vegetable Pie Roast Potatoes Gravy	Risotto with Homemade Garlic Bread	Quorn Bites with Potato Wedges
Pasta Carbonara	V Jacket Potato ₩ With Baked Beans	Tomato Pasta	Jacket Potato with Cheesy Coleslaw	Macaroni Cheese
Freshly made Sandwiches, Rolls & Wraps	Freshly made Sandwiches, Rolls & Wraps	Freshly made Sandwiches, Rolls & Wraps	Freshly made Sandwiches, Rolls & Wraps	Freshly made Sandwiches, Rolls & Wraps

Fresh Salads Including Lettuce, Cucumber, Tomato, Grated Carrot & Mixed Salads

Carrots Peas	Sweetcorn Broccoli	Carrots Cabbage	Broccoli &	Baked Beans Peas
Vanilla Ice-Cream	Chocolate Sponge with Chocolate custard	Jelly with Fruit Slices	Apple Crumble Custard	Orange, Sultana and Carrot Slice Custard*

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily

Fruit Based













Hot Main

Dish

Alternative

Dish

Third

Choice

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Montalbo Primary School

Monday Wednesday **Thursday Tuesday Friday Fish Fingers Veggie Pasta Roast Pork Minced Beef Pie Sticky Chicken Bolognese** ** **New Potatoes** and **Roast Potatoes Noodles** Chips **Tomato Bread Twist** Gravy Gravy Margarita Pizza **Cheese and Onion Quorn Bites and Shepherdess Pie** with Vegetable **Spanish Tortilla Pasty with Potato** chips Gravy **Sticks** Wedges **Jacket Potato with Jacket Potato with Jacket Potato with Pasta Carbonara Tomato Pasta** Tuna and Cheese Beans Cucumber **Freshly made Freshly made Freshly made Freshly made Freshly made** Sandwiches, Rolls Sandwiches, Rolls Sandwiches, Rolls Sandwiches, Rolls Sandwiches, Rolls & Wraps 🔊 & Wraps & Wraps & Wraps & Wraps **Fresh Salads Including Lettuce, Cucumber, Tomato, Grated Carrot & Mixed Salads Carrot Sticks Baked Beans Peas Carrots Parsnip Cucumber Sticks** Cabbage Broccoli Sweetcorn **Peas Raspberry Yogurt Sponge Cake and** Cocoa Finger and Flapjack and fruit **Peach shortbread** Orange Wedge* cake custard slice pudding* and with Custard custard

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily







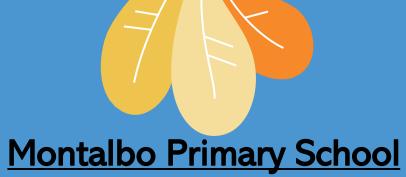








WEEK 3





	Monday	Tuesday	Wednesday	Thursday	Friday		
Hot Main Dish	Macaroni Cheese	Spaghetti Bolognese ** Garlic Bread	Roast Turkey New Potatoes Yorkshire Pudding Gravy	Chicken Curry with Rice	Fish Fingers and Chips		
Alternative Dish	Veggie Sausage Mash Gravy	Quiche Salad and Coleslaw	Quorn Roast Mash Yorkshire Pudding Gravy	Vegetable Lasagne	Mexican Tacos With Chips		
Third Choice	Jacket Potato with Cheese and Tomatoes	Pasta Carbonara	Jacket Potato with Salmon Mayo	Tomato Pasta	Jacket Potato with Beans		
Deli Choice	Freshly made Sandwiches, Rolls & Wraps	Freshly made Sandwiches, Rolls & Wraps	Freshly made Sandwiches, Rolls & Wraps	Freshly made Sandwiches, Rolls & Wraps	Freshly made Sandwiches, Rolls & Wraps		
Salads	Fresh Salads Including Lettuce, Cucumber, Tomato, Grated Carrot & Mixed Salads						
Vegetables	Peas Carrots 🍑	Sweetcorn Broccoli	Carrots Cabbage 🙀	Mixed Vegetables Sweetcorn	Baked Beans Peas		
Desserts	Oatie Biscuit and Fruit Slices*	Pear Upside Down Cake and Custard	Strawberry Ice- Cream	Jam sponge with Custard	Banana and Apricot flapjack* with Custard		

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily



















CHILD'S NAME:

CLASS: