

LUNCH MENU

WEEK 1

Montalbo Primary School

Monday

Tuesday

Wednesday

Thursday

Friday

Hot Main Dish

Meatballs
Mashed Potato
Gravy



All Day Breakfast
with Bacon Potato
Wedges

Roast Chicken
Yorkshire Puddings
Roast Potatoes
Gravy

Mince and
Dumplings
New Potatoes

Chicken Goujons
with Potato Wedges

Alternative Dish

Cheese Wrap **
Vegetable Sticks



All Day Breakfast
with Veggie
Sausage
Potato Wedges



Vegetable Pie
Roast Potatoes
Gravy



Risotto with
Homemade Garlic
Bread



Quorn Bites with
Potato
Wedges



Third Choice

Pasta Carbonara



Jacket Potato
With Baked Beans



Tomato Pasta



Jacket Potato with
Cheesy Coleslaw



Macaroni Cheese



Deli Choice

Freshly made
Sandwiches, Rolls
& Wraps



Freshly made
Sandwiches, Rolls
& Wraps



Freshly made
Sandwiches, Rolls
& Wraps



Freshly made
Sandwiches, Rolls
& Wraps



Freshly made
Sandwiches, Rolls
& Wraps



Salads

Fresh Salads

Including Lettuce, Cucumber, Tomato, Grated Carrot & Mixed Salads



Vegetables

Carrots
Peas



Sweetcorn
Broccoli



Carrots
Cabbage



Broccoli
Sweetcorn



Baked Beans
Peas



Desserts

Vanilla
Ice-Cream

Chocolate Sponge
with Chocolate
custard

Jelly with Fruit
Slices



Apple Crumble
Custard



Orange, Sultana
and Carrot Slice
Custard*

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily



Vegetarian



Nutritionists Choice



Fruit Based



Wholegrain



Oily Fish





























LUNCH MENU

WEEK 2

NORTH EATS.

So much more than school food

Montalbo Primary School

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	 Veggie Pasta Bolognese **  Tomato Bread Twist	Sticky Chicken Noodles	Roast Pork Roast Potatoes Gravy	Minced Beef Pie New Potatoes Gravy	Fish Fingers and Chips
Alternative Dish	Margarita Pizza with Vegetable Sticks 	Cheese and Onion Pasty with Potato Wedges 	 Shepherdess Pie Gravy 	Spanish Tortilla 	Quorn Bites and chips 
Third Choice	Jacket Potato with Cheese 	Pasta Carbonara	Jacket Potato with Tuna and Cucumber	 Tomato Pasta  	 Jacket Potato with Beans 
Deli Choice	Freshly made Sandwiches, Rolls & Wraps 	Freshly made Sandwiches, Rolls & Wraps 	Freshly made Sandwiches, Rolls & Wraps 	Freshly made Sandwiches, Rolls & Wraps 	Freshly made Sandwiches, Rolls & Wraps 
Salads	Fresh Salads  Including Lettuce, Cucumber, Tomato, Grated Carrot & Mixed Salads				
Vegetables	Carrot Sticks Cucumber Sticks 	Peas Broccoli 	Carrots Cabbage 	Parsnip Sweetcorn 	Baked Beans Peas 
Desserts	 Flapjack and fruit slice 	Peach shortbread pudding* and custard 	Raspberry Yogurt cake with Custard	Cocoa Finger and Orange Wedge*	Sponge Cake and custard

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily



Vegetarian



Nutritionists Choice



Fruit Based



Wholegrain



Oily Fish

LUNCH MENU

WEEK 3

NORTH EATS.

So much more than school food

Montalbo Primary School

Monday

Tuesday

Wednesday

Thursday

Friday

Hot Main Dish

Macaroni Cheese 

Spaghetti Bolognese **
Garlic Bread 


Roast Turkey
New Potatoes
Yorkshire Pudding
Gravy


Chicken Curry with
Rice 

Fish Fingers
and Chips

Alternative Dish

Veggie Sausage
Mash
Gravy 

Quiche
Salad and Coleslaw 

Quorn Roast
Mash 
Yorkshire Pudding
Gravy

Vegetable Lasagne 

Mexican Tacos
With Chips 

Third Choice

Jacket Potato
with Cheese and
Tomatoes 

Pasta Carbonara

Jacket Potato
with
Salmon Mayo 

Tomato Pasta 

Jacket Potato with
Beans 

Deli Choice

Freshly made
Sandwiches, Rolls
& Wraps 

Freshly made
Sandwiches, Rolls
& Wraps 

Freshly made
Sandwiches, Rolls
& Wraps 

Freshly made
Sandwiches, Rolls
& Wraps 


Freshly made
Sandwiches, Rolls
& Wraps 

Salads

Fresh Salads

Including Lettuce, Cucumber, Tomato, Grated Carrot & Mixed Salads 

Vegetables

Peas
Carrots 

Sweetcorn
Broccoli 

Carrots
Cabbage 

Mixed Vegetables
Sweetcorn 

Baked Beans
Peas 

Desserts

Oatie Biscuit and
Fruit Slices* 

Pear Upside Down
Cake and Custard 

Strawberry Ice-
Cream

Jam sponge with
Custard

Banana and
Apricot flapjack*
with Custard 

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily



Vegetarian



Nutritionists Choice



Fruit Based



Wholegrain



Oily Fish

CHILD'S NAME:

CLASS: