

Foundation PE (Reception) - Performing

Home Learning Challenge Sheet

At school, we are learning to perform well. Please help me at home. The following activities will help us to become good at performing.

Activities to Support Learning

Let's Sing 'Five Enormous Dinosaurs'

Learn and perform the 'Five Enormous Dinosaurs' Song. Can you remember the words?

Let's Dance

Now you know the words to the 'Five Enormous Dinosaurs' Song, you can think of some actions and dance moves to go with it. Practise, practise and practise, then ask some friends or relatives round so you can perform your song and dance for them.

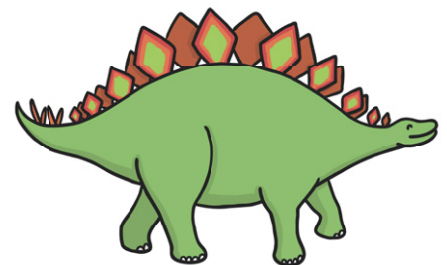
Name That Dinosaur

Using the Name That Dinosaur Word Mat, pretend to be different dinosaurs. Can anyone guess which dinosaur you are?

Can You Guess?

Using the Name That Dinosaur Word Mat, pretend to be different dinosaurs. Now think about what that dinosaur might be doing. Next, create a pose based on what the dinosaur might be doing e.g. the Apatosaurus might be eating leaves from the trees or a Tyrannosaurus might be scaring smaller dinosaurs. Can anyone guess what you are doing?

You could take a photo or draw a picture of you practising the different activities to show us at school. You could tell us about how you have improved your performing skills!



How to Perform:

1. Remember to look at your audience.
2. Always smile (unless you are pretending to be cross in the dance).
3. Be confident – practise, practise and practise!
4. Just carry on – don't worry if you forget the steps or the words.