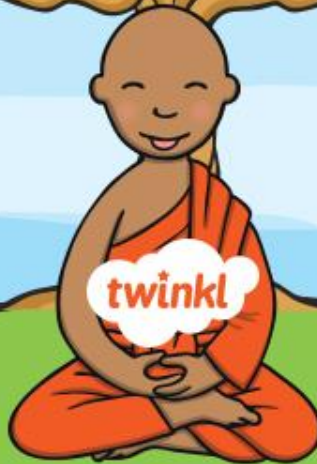


# All About Buddha



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# What Is Buddhism?

Buddhism is one of the 5 largest religions of the world.

It is a spiritual path.

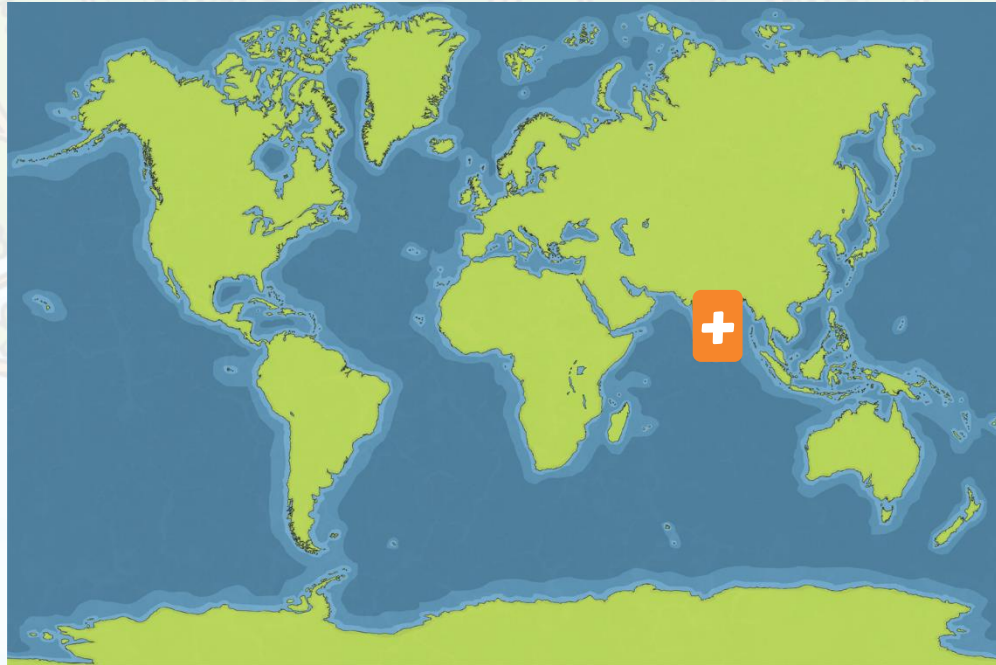
Buddhism is based on what the **Buddha** taught people.

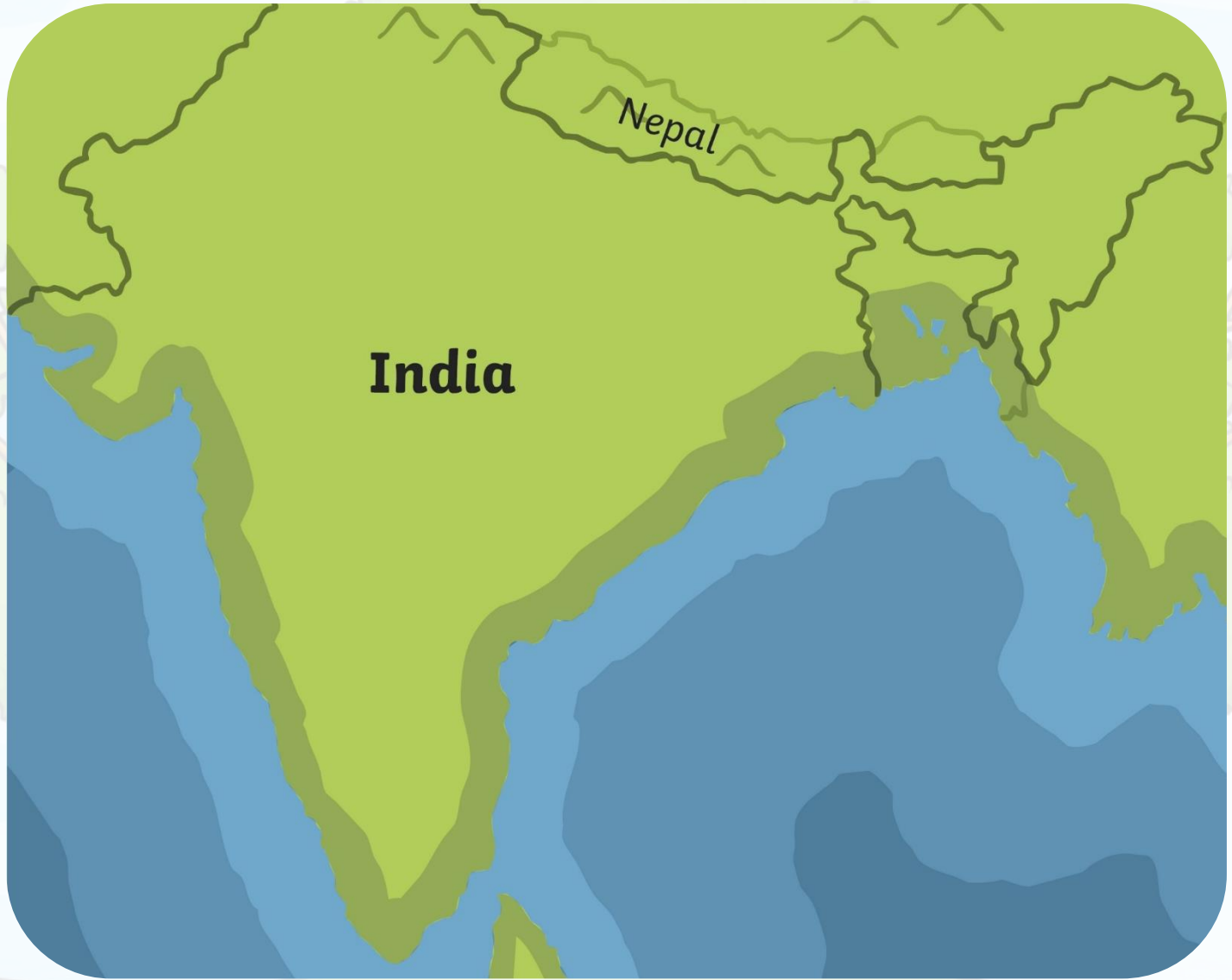
There are around 300 million followers.



# Where Does Buddhism Come From?

Many people say Buddhism started in India.





**India**

**Nepal**

# What Are the Morals?

Buddhists live by 5 morals.

1. Do not take a life.

2. Do not steal.

3. Be faithful to your partner.

4. Do not lie.

5. Do not drink alcohol.



# How Do Buddhists Worship?

Buddhists sit on the floor when they meditate.

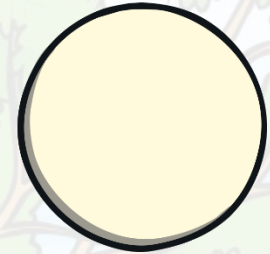
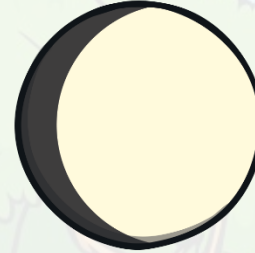
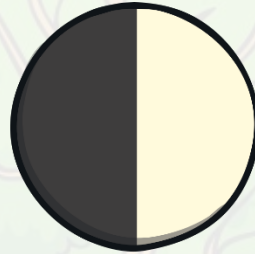
Buddhists chant to show their love for The Buddha and make offerings.



They make sure their feet are facing away from, and their head and body facing to, the Buddha.

Try it! Can you try sitting like a Buddhist meditating?

# What Do Buddhists Celebrate?



It is  
celebrated  
on the full  
moon in  
May.

Wesak is  
the most  
important  
Buddhist  
festival.

This is a  
celebration  
of The  
**Buddha's**  
birthday.

# Who Is Buddha?

Siddhartha Gautama was a royal prince born over 2,500 years ago.

Buddha was not his name, it was his title.

He went on a journey and discovered 'truths' about life.





# Who Is Buddha?

He is called The Buddha, which means the enlightened one.

People called him the Buddha because he reached a new way of understanding.

He was not a God, he was a teacher.



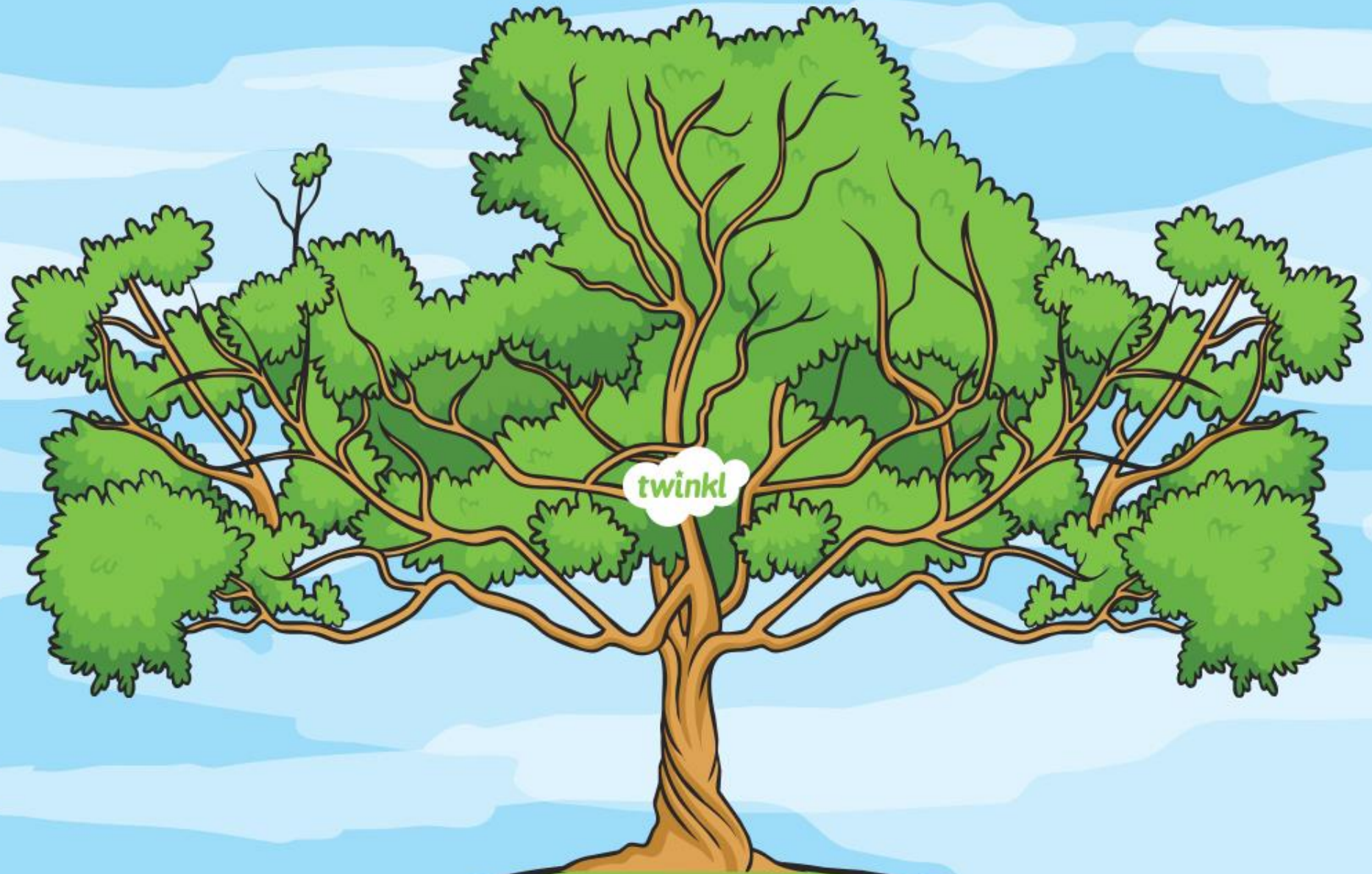
# Who Is Buddha?

Buddha learned a lot on his journey. He then spent the rest of his life teaching people what he had learnt.

He taught these truths to people for over 45 years.

People who follow the teachings of Buddha are Buddhists.





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