## Sensory Mark Making Ideas

You could use sand, flour, salt, shaving foam, rice, lentils, paint, mud, glitter etc... in your sensory tray. Use your fingers, cotton buds, a paintbrush, a stick or other tools to make marks in the tray.



Explore making large lines, circles and other patterns. If your child is able to do this, you could encourage them to make more specific marks/patterns or form some familiar letters from their name.

Remember when sounding out your child's name to say the letter sounds rather than the letter names.