

Thankful Hands

Provide pencils and paper and ask the children to draw around their hand.

Invite them to decorate their hand in any way they would like.

Help them to cut out their decorated hand.

Talk together about what is meant by being grateful. You could talk about being grateful for the work of people such as NHS workers, post office and shop staff and others who are helping everyone right now.

On the plain side of their hand, encourage them to draw or write something for which they are grateful.

Display the decorated hands on your window to show your gratitude.

