

Challenge card summary















Categories

Use the challenge cards to play category bingo, providing certificates for pupils who complete a whole category, or you could use the categories to divide the challenges among the class.

1	Write or draw a list of 10 things you are grateful for	Gratitude	
9	Write a thank you note to the lunchtime or reception staff	Gratitude	~
17	Say thank you to your teacher for teaching you	Gratitude	~
30	Say thank you to someone in your class	Gratitude	~
38	Talk to people in your class about their favourite thing about school	Gratitude	

6 Care for the environment

6	Start a scrap paper pile for drawing to save paper	Care for the environment	V
10	Walk to school or park your car further away	Care for the environment	~
13	Litter pick around the school	Care for the environment	~
28	Save energy by turning off the lights when you leave a room	Care for the environment	~
33	Try to avoid using any plastic that you throw in the bin, like straws	Care for the environment	~

Giving

3	Have a book swap in your class	Giving	
16	Bring in a donation for the local foodbank from your cupboard at home	Giving	~
35	Find out how your class could help a local charity	Giving	
37	Give someone a nice surprise	Giving	~

School community ✓

8	Clear up after someone else's lunch	School community	~
19	Help return lost property to the right owner	School community	~
20	Leave the classroom as tidy and clean as you can	School community	
21	Make a class introduction pack in case anyone new starts during the year or for next year's class	School community	~
39	Ask how you can help out at school	School community	
40	Make posters about your school values to display	School community	~

★ Kindness 🗸

4	Let people go ahead of you all day	Kindness	~
5	Offer to carry someone else's bag into school	Kindness	~
7	Leave an encouraging note for someone	Kindness	~
11	Ask your grown-up about their day on your way home or at teatime	Kindness	~
14	Leave your grown-up a surprise note or picture before you leave for school	Kindness	
15	Try to chat to someone you haven't spoken to in a while	Kindness	~
22	Give somebody a nice compliment	Kindness	~
24	Try to find out about what life is like for children in a poorer country	Kindness	~
26	Hold the door open for someone	Kindness	~
27	Say a nice thing about someone to somebody else	Kindness	~

♥ New friends ✓

2	Sit next to someone you don't normally sit with at lunchtime	New friends	✓
12	Find out the names of three people you haven't met before in school	New friends	~
32	Invite somebody new to join in with your game	New friends	
34	Play with a child from another year group	New friends	~
36	Find out something new about somebody	New friends	

ightharpoonup Doing the right thing lacksquare

18	Congratulate others when they do well	Doing the right thing	
23	Be the first to say sorry	Doing the right thing	~
25	Be brave by trying something you find hard	Doing the right thing	
29	Follow instructions without complaining	Doing the right thing	~
31	Don't interrupt; listen carefully instead	Doing the right thing	



Linking the challenges to British values and SMSC

Each challenge card has a link to one or more British value and one aspect of SMSC. 40acts is a brilliant way of providing pupils with a chance to show the impact of what they are learning and reflecting on during this time in their lives. This would then provide impact evidence you could use to show Ofsted about how your school is supporting SMSC and British values.

	Challenge	Category	British values link	SMSC link
1	Write or draw a list of 10 things you are grateful for	Gratitude	Individual liberty	Willingness to reflect on their experiences
2	Sit next to someone you don't normally sit with at lunchtime	New friends	Mutual respect, Tolerance	Use a range of social skills
3	Have a book swap in your class	Giving	Individual liberty	Willingness to participate in and respond positively to cultural opportunities
4	Let people go ahead of you all day	Kindness	Democracy, Mutual respect	Use a range of social skills
5	Offer to carry someone else's bag into school	Kindness	Mutual respect	Use a range of social skills
6	Start a scrap paper pile for drawing to save paper	Care for the environment	Rule of law, Mutual respect	Understanding of the consequences of their behaviour and actions
7	Leave an encouraging note for someone	Kindness	Mutual respect	Use a range of social skills
8	Clear up after someone else's lunch	School community	Rule of law, Mutual respect	Use a range of social skills
9	Write a thank you note to the lunchtime or reception staff	Gratitude	Mutual respect	Use a range of social skills
10	Walk to school or park your car further away	Care for the environment	Individual liberty	Understanding of the consequences of their behaviour and actions
11	Ask your grown-up about their day on your way home or at teatime	Kindness	Mutual respect	Use a range of social skills
12	Find out the names of three people you haven't met before in school	New friends	Tolerance	Use a range of social skills
13	Litter pick around the school	Care for the environment	Rule of law, Mutual respect	Willingness to participate in volunteering
14	Leave your grown-up a surprise note or picture before you leave for school	Kindness	Mutual respect	Use of imagination or creativity
15	Try to chat to someone you haven't spoken to in a while	Kindness	Mutual respect	Use a range of social skills
16	Bring in a donation for the local foodbank from your cupboard at home	Giving	Democracy	Willingness to participate in volunteering
17	Say thank you to your teacher for teaching you	Gratitude	Mutual respect	Use a range of social skills
18	Congratulate others when they do well	Doing the right thing	Democracy, Mutual respect	Cooperating well with others
19	Help return lost property to the right owner	School community	Rule of law, Mutual respect	Cooperating well with others
20	Leave the classroom as tidy and clean as you can	School community	Rule of law, Mutual respect	Willingness to participate in volunteering
21	Make a class introduction pack in case anyone new starts during the year or for next year's class	School community	Democracy, Tolerance	Understanding and appreciation of the range of different cultures within school

22	Give somebody a nice compliment	Kindness	Mutual respect	Use a range of social skills
23	Be the first to say sorry	Doing the right thing	Rule of law, Mutual respect	Being able to resolve conflicts effectively
24	Try to find out about what life is like for children in a poorer country	Kindness	Democracy, Tolerance	Interest in exploring different religious, ethnic and socioeconomic groups in the local, national and global communities
25	Be brave by trying something you find hard	Doing the right thing	Individual liberty	Develop and demonstrate skills and attitudes that will allow them to participate fully in and contribute positively to life in modern Britain
26	Hold the door open for someone	Kindness	Mutual respect	Use a range of social skills
27	Say something nice about someone to another person	Kindness	Mutual respect	Use a range of social skills
28	Turn off the lights when you leave a room	Care for the environment	Rule of law, Mutual respect	Understanding of the consequences of their behaviour and actions
29	Follow instructions without complaining	Doing the right thing	Rule of law, Mutual respect	Ability to recognise the difference between right and wrong
30	Say thank you to someone in your class	Gratitude	Mutual respect	Use a range of social skills
31	Don't interrupt; listen carefully instead	Doing the right thing	Rule of law, Mutual respect	Use a range of social skills
32	Invite somebody new to join in with your game	New friends	Democracy, Tolerance	Cooperating well with others
33	Try to avoid using any plastic that you throw in the bin, like straws	Care for the environment	Rule of law	Understanding of the consequences of their behaviour and actions
34	Play with a child from another year group	New friends	Tolerance	Cooperating well with others
35	Find out how your class could help a local charity	Giving	Democracy	Interest in exploring different religious, ethnic and socioeconomic groups in the local, national and global communities.
36	Find out something new about somebody	New friends	Individual liberty, Tolerance	Sense of enjoyment and fascination in finding out about others
37	Give someone a nice surprise	Giving	Mutual respect	Use a range of social skills
38	Talk to people in your class about what they really like about school	Gratitude	Democracy, Individual liberty, Mutual respect	Willingness to reflect on their experiences
39	Ask how you can help out at school	School community	Mutual respect	Willingness to participate in volunteering
40	Make posters about your school values to display	School community	Democracy, Rule of law	Develop and demonstrate skills and attitudes that will allow them to participate fully in and contribute positively to life in modern Britain